



Prenatal Outreach Support Team (POST)

Calgary and Area Child Advocacy Centre

What We Do

POST was designed to support vulnerable pregnant persons during their pregnancy. Our team works collaboratively with individuals to provide a safe, supportive environment for their newborn baby. Ultimately, the goals are to facilitate a healthy pregnancy, and to connect individuals to long-term stable community supports. We are located in the Child Development Building in Calgary, Alberta.

- Integrated framework to reduce barriers
- Voluntary client participation
- Support, referrals, and assessment



Our Team

Our integrated team consists of Outreach Coordinators, a Licensed Practical Nurse, and a Police Constable who all bring unique skills, knowledge, and understanding.

- Outreach Coordinators (4)
- Licensed Practical Nurse
- Calgary Police Service Constable
- Mental Health and Addictions Counsellor (through a partnership with Enhanced Services for Women)
- Team Lead

Who We Help

In order to be accepted, clients must be pregnant and meet at least 1 of 4 criteria.

Unsupported:

- 1) Criminal activity/lifestyle
 - 2) Problematic substance use
 - 3) Mental health
 - 4) Domestic violence
- Referrals are triaged and accepted if criteria is met.
 - Client participation is voluntary and cannot be mandated by any agency.

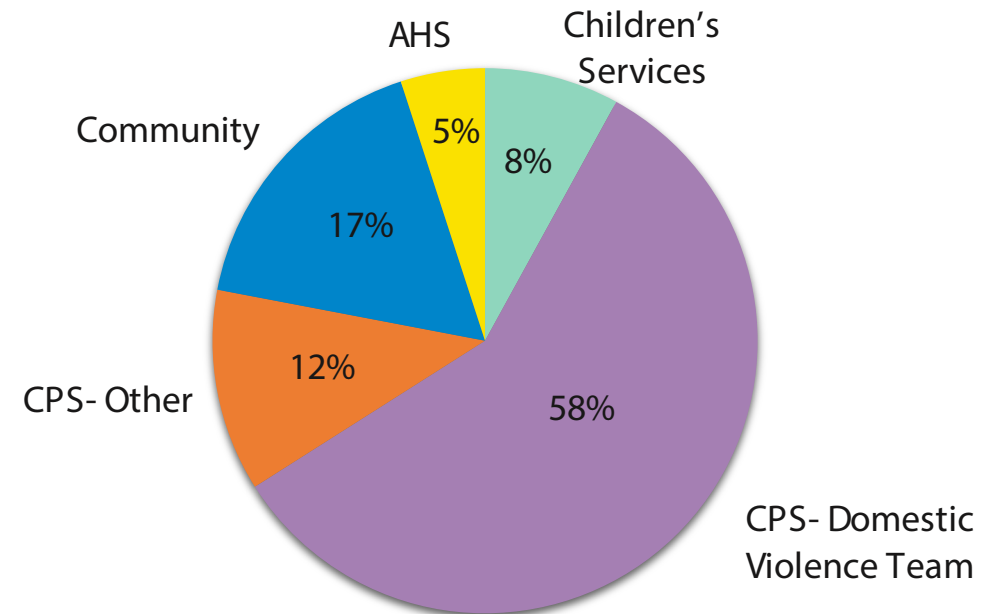
Statistics

POST received 299 referrals since April 1, 2018.

Top 3 Concerns Reported

- Domestic violence (26%)
- Criminal activity/lifestyle (18%)
- Mental health (18%)


Referral Sources



Referral Process

When to Make a Referral

If a client meets the criteria mentioned, a referral can be made by agencies or self referral.

REFERRAL TO PRENATAL OUTREACH SUPPORT TEAM		
		
Referral From:		
Agency:		Name:
Date:	Phone:	Fax:
Referral For:		Is Client Aware of the Referral? Y N
Client's Name:		Client's Date of Birth (YYYY/MM/DD)
Phone:	EDD/Number of weeks pregnant:	
Address:	Alternative Contact:	
<i>Please provide a list of resources that the client is <u>currently actively engaged with</u>:</i>		

Current Concerns: (see reverse for definitions surrounding the following concerns)		
Lack of Prenatal Care _____		

Cognitive Concerns _____		

Social Isolation _____		

Poverty (Food Insecurity/Homelessness) _____		

Mental Health _____		

Problematic Substance Use _____		

Domestic Violence _____		

Criminal Activity/Lifestyle _____		

Other _____		

Ethnicity:	Language:	Interpretation Required Y N

Fax Referral to 403-428-5419 or e-mail to post@sheldonkennedycac.ca

Prenatal Network

A network of agencies that support vulnerable pregnancy persons in Calgary and who are committed to removing barriers and professional development through collaboration.

- Adoption by Choice
- Adoption Options Alberta Ltd.
- Aspen Family & Community Network—Hand in Hand Parent Link Centre
- Aventa Centre of Excellence for Women with Addictions
- Best Beginning—Alberta Health Services
- Calgary Fetal Alcohol Network
- Calgary Pregnancy Care Center
- Calgary Urban Project Society (CUPS)
- Catholic Family Service
- Closer to Home Community Services
- PLC, Foothills and RGH Mat/Child Social Work
- Public Health Postpartum Services
- Elbow River Healing Lodge
- Elizabeth House
- Emma's House
- Enhanced Services for Women (ESW)
- Families Matter
- Inn From the Cold
- McMan Community Services Calgary
- Mosaic Primary Care Network
- Prenatal Outreach Support Team (POST)
- Red Community MidWives
- The Alex Health Centre—Pre/Post-Natal Program

POST Contact Information

Main: 403-428-5333

Fax: 403-428-5419

E-mail: post@sheldonkennedycac.ca

Sandi Pineda-Selva: 403-993-5238 or spineda-selva@calgarycac.ca



The Calgary and Area Child Advocacy Centre contributes to improving collaborative care for pregnant individuals through our integrated, multidisciplinary team and our ability to host the Prenatal Network.